

Table XXVII. RFA variants.

11 articles. 11 RCTs

Operative procedure	Reference	Summary
<p>RFA completed with deleted or synchronized ambulatory incompetent tributary avulsion</p>	<p>Lane TRA, Kelleher D, Sheperd AC, Franklin IJ, Davies AU. Ambulatory varicosity avulsion later or synchronized (AVULS). A randomized clinical trial. <i>Annals of Surgery</i> 2015;261:654-61</p>	<p>Single-center study. 111 patients with symptomatic primary GSV or SSV primary VV treated under local anesthesia by RFA+ tributary phlebectomy. No data on deep vein CEAP clinical classification C4 (median). All patients treated by RFA ClosureFAST and stab phlebectomies Group I (n=50): delayed phlebectomy. versus Group II (n=51): simultaneous phlebectomy Results at 6 weeks to 1 year of follow-up: . VCSS: significant improvement at all study points in group II, . Number of phlebectomies: no difference between groups . Further treatment after initial procedure: 36% in group I vs 2% in group II. P<0.0001.</p>

<p>RFA Post-operative compression 4 hours versus 72 hours</p>	<p>Krasznai AG, Sigterman TA, Troquay SAM, Houtermans-Auckel JP, Snoeijs MGJ, Rensma HG, Sikking CJJM. A randomised controlled trial comparing compression therapy after radiofrequency ablation for primary great saphenous vein incompetence <i>Phlebology</i> 2016;31:118-124 DOI 10.1177:0268/355514568658</p>	<p>Multi-center study. 101 symptomatic patients presenting incompetent unilateral GSV No SSV incompetence, no data on deep veins. CEAP clinical classification C2-C4 All patients treated by RFA Closure FAST under local tumescent anesthesia. Postoperative compression by superposition of stockings class I and class II Group I (n=50) compression 4 hours <i>versus</i> Group II (n=51) compression 72 hours Results at 3-14 days of follow-up: <ul style="list-style-type: none"> . <i>Complications</i> Group I 16% P=0.05 Group II 33% . <i>Leg volume</i> Group I reduction 64mL P=0.12 Group II Increase 21mL . <i>Postoperative pain and time to full recovery</i> No difference between the 2 groups </p>
<p>RFA with/without compression</p>	<p>Ayo A, Blumberg SN, Rockman CR, Sadek M, Caine N, Ademmann M et al. Compression versus No Compression after Endovenous Ablation of the Great Saphenous Vein: A Randomized Controlled Trial. <i>Ann Vasc Surg</i> 2017; 38: 72–77</p>	<p>Monocenter study 70 patients presenting primary GSV varices, no data on SSV, no history of deep vein thrombosis CEAP classification class C2-C6. They were treated by RFA Closure FAST without complementary phlebectomy: Then they were randomized in to 2 groups Group I (n=46): no compression except 24 hr. of post-procedure bandage Group II (n=39): Thigh – high 30-40-mm Hg</p>

		<p>compression 24 hr. after the procedure for 7 days. Baseline characteristics similar for both groups Results assessed at 1 and 7 day. There was no significant difference in patient-reported outcomes of postprocedural pain scores estimate by CIVIQ-2 and VCSS.</p>
<p>RFA for varices with and without perioperative administration of MPFF</p>	<p>Stoiko YuM, Mazaishvili KV, Khlevtova TV, Tsyplyashchuk AV, Kharitonova SE, Akimov SS. Effect of pharmacotherapy on course of postoperative period after endovenous Thermal ablation. <i>angiol Sosud khir</i> 2015</p>	<p>Monocenter study 60 patients presenting primary VV of the GSV C2S Ep P r were treated by EVLA or RFA. Group I (n 30) MPFF 7 days after operative treatment <i>versus</i> Group II (n 30) No venoactive drugs Results By using both CIVIQ and VCSS <i>Group I</i> - pain reduction. P<0.05 - faster restoration of motor activity</p>
<p>Endovenous surgery for varices with and without perioperative administration of MPFF</p>	<p>Bogachev V,Yu, Boldin BV, Turkin Pu. Perioperative administration of micronized purified flavonoid in endovascular treatment of varicose disease. <i>Angio Sosud Khir</i> 2019;25: 89-95.</p>	<p>Monocenter study. 1519 patients with primary GSV or SSV were treated by endovascular thermal ablation (EVLA or RFA) Clinical class C2 A or S Group I (n 1039): MPFF 1000mg/daily in the perioperative period Group II (n 400) no venoactive treatment Results Less adverse events in Group I: compared to Group II: Ecchymosis 7.1 vs 11%. P=0.01 Hematoma 0.5 vs1.3%. P=0.1</p>

		<p>Paresthesia 0.5 vs 1.7 %. P=0.02 Thrombophlebitis 0.2 vs 0.6 %. P=0.2 Pigmentation 0.6 vs 3.3 %. P=0.001 Heat -induced thrombosis 0.3 vs 1.3%. P=0.02</p>
<p>Three different RFA technologies. A randomised trial</p>	<p>Nyamekye IK, Dattani N, Hayes W, Harding D, Holloway S, Newman J. A Randomised Controlled Trial Comparing Three Different Radiofrequency Technologies: Short-Term Results of the 3-RF Trial. Eur J Vasc Endovasc Surg 2019;58:401-408</p>	<p>Monocentre study 180 patients with primary symptomatic GSV incompetence were treated by 3 RFA types of device. No data on SSV. Exclusion criteria: recurrent GSV, Deep venous anomaly. CEAP clinical classification C2S-C5S. Group I (n= 57): Venefit Group II (n =64): RFITT Group III (n=59): EVFR Results . Mean treatment time. RFITT faster than Venefit and EVRF . Euroqol 5D. VAS did not differ at any time point between the groups. . Pain score/discomfort at 2 weeks, fewer for EVFR. . AVVQ at 6 and 12 months. No significant difference between the 3 groups. . At 12 months. Truncal ablation. Venefit > RFITT and EVFR, but clinical outcomes were not different</p>
<p>Two different RFA technologies. A randomised trial</p>	<p>Bitargil M, Kilic HE. Ablation of the great saphenous vein with F-care versus Closurefast endovenous radiofrequency therapy: Double-blinded prospective study .Phlebology 2020;35:561-5 DOI: 10.1177/0268355520913389</p>	<p>Monocenter study 114 patients with symptomatic primary incompetent GSV. No DVT No data on CEAP classification Group I (n=57): Endovenous radiofrequency, F-Care systems, Continuous pull back. versus Group II (n=57): closure Fast, Covidien Results at 12months of follow-up:</p>

		<p><i>Complete occlusion rate</i> Group I=71.7% P=0.013 Group II= 90.6% No significant difference between the 2 groups in terms of <i>adverse events</i> VCSS improved significantly for both treatments with no significant differences between them.</p>
	<p>Hamann SAS, Timmer-de Mik L, Fritschy WM, Kuiters GRR, Nijsten TEC, van den Bos RR · Randomized clinical trial of EVLA versus direct and indirect RFA for the treatment of GSV. <i>B J Surg</i> 2019;106:998-1004</p>	<p>Monocenter study 451 patients with symptomatic primary incompetent GSV. No patient with ipsilateral SSV incompetence or/and deep vein disease. CEAP clinical classification C2-C6/ Group I (n=149): EVLA Diode 980-nm, bare fiber continuous pull back. Procedure failure 2 <i>versus</i> Group III (n=152): dRFA continuous pull back. Procedure failure 2 <i>versus</i> Group III (n=149): iRFA Possible incompetent tributaries were not treated. Local tumescent anesthesia Results at 12 months of follow-up: <i>Complete occlusion rate, intention to treat</i> Group I=75.0. 0.007 versus dRFA Group II=59.9 <0.001 versus iRFA Group III =81.3 0.208 versus EVLA Significantly more <u>adverse events</u> were reported after treatment with EVLA (103) than after dRFA (61) and</p>

		<p>iRFA (65), especially more pain. <u>VCSS</u> improved significantly for all treatments with no significant differences between them. <u>AVVQ</u> scores also improved significantly for all treatments, but iRFA had significantly better scores than dRFA</p>
<p>RFA with/without compression</p>	<p>Onwudike M, Abbas K, Thompson P, McElvenny DM. Role of Compression After Radiofrequency Ablation of Varicose Veins: A Randomised Controlled Trial. EJVES 2020; 60:108-117</p>	<p>Multicenter study 100 patients presenting primary GSV or/and SSV varices, Criteria exclusion: DVT, ABPI<0.9, varices previously treated CEAP classification class C2-C6. They were treated by RFA Closure FAST without complementary phlebectomy. Then they were randomized in to 2 groups Group I (n=51): RFA + compression stockings 2 weeks Group II (n=49: RFA Baseline characteristics similar for both groups Results assessed at 12 weeks No difference in terms of vein occlusion, AVQQ, AVSS, VCSS</p>
<p>EVLA or RFA + tributary phlebectomy with buffered local tumescent anesthesia (LTA) vs non-buffered LTA</p>	<p>Nandrah S, Wallace T, El-Sheika J, Leung C, Carradice D, Chetter I. A Randomised clinical trial of buffered tumescent local anesthesia during endothermal ablation for superficial venous incompetence EJVES 2018;56:699-708</p>	<p>Monocenter study 97 patients presenting primary GSV incompetence. No SSV incompetence, no deep vein anomaly They were treated by EVLA with concomitant phlebectomy. CEAP clinical classification C2-C6. All patients treated by EVLA or RFA +tributary phlebectomy Group I (n= 47) buffered tumescent anesthesia</p>

		<p>versus Group II (n= 50) non-buffered tumescent anesthesia Follow-up assessment at 1, 6 and 12 weeks -Peri-procedural pain score measured by VAS. Best result in Group I. P= 0.001 -Pain score and analgesic use in the subsequent week same in both groups Best result in Group I. P=0.008. -No difference in terms of VQQ, SF36, and EQ-5D scores between the 2 groups Conclusion Buffered local tumescent anesthesia provides better results</p>
<p>RFA with/without compression</p>	<p>Pihlaja T,Romsi P, Ohtonen P, Jounila J, Pokela M. Post-procedural Compression vs. No Compression After Radiofrequency Ablation and Concomitant Foam Sclerotherapy of Varicose Veins: A Randomised Controlled Non-inferiority Trial. EJVES 2020;59: 73-80</p>	<p>Multicenter study 177 patients presenting primary GSV or/and SSV varices. Criteria exclusion: DVT, ABPI<0.9, varices previously treated. CEAP clinical classification class C2-C4. They were treated by RFA Closure FAST with complementary UGFS of incompetent tributary Group I (n=90: RFA + compression stockings for 2 days and then 5 days during the daytime. Group II (n=87): RFA Baseline characteristics similar for both groups Results assessed at 2 weeks, 6months No difference in terms of postoperative pain and full physical activity. AVQQ, at 6 months were comparable.</p>

Abbreviations: ABPI= ankle brachial pressure index; AVVQ=Aberdeen varicose vein questionnaire; AVSS= Aberdeen varicose severity score; dRFA=radiofrequency-induced thermotherapy; DVT=deep vein thrombosis; EVLA=endovenous laser ablation; GSV=great saphenous vein; iRFA= =VNUS ClosureFast; LL=lower limb; RFA=radiofrequency ablation; HRQoL=Health-related quality of Life; SFJ=sapheno-femoral junction; SSV=small saphenous vein; VCSS=venous clinical severity score.