Table XXXXI. Stenting versus conservative treatment in chronic iliac vein obstruction1 Article, 1RCT

Operative procedure	Reference	Summary
Stenting versus Conservative treatment in chronic iliac vein obliteration	Rossi FH, Kambara AM, Izukawa NM, Rodrigues TO, Rossi CB, Sousa AG, Metzger PB,Thorpe PE. Randomized double-blinded study comparing medical treatment versus iliac vein stenting in chronic venous disease JVS V&L 2018;6:183- 191	Multi-center study. Fifty-one patients presenting an iliac vein obstruction (IV0) > 50% identified by IVUS with Clinical, Etiology, Anatomy, and Pathophysiology clinical class C3 to C6 and a visual analog scale for pain (VAS pain) score >3 and were randomized in 2 groups. Group I (n=26) Stenting versus Group II (n=25) Medical treatment. No significant differences were found between treatment groups Results. The median follow-up was 11.8 months (range, 6-18 months). In Group I Primary, assisted primary, and secondary patency rates were 92%, 96%, and 100 respectively. <u>At 6 months follow- up.</u> <i>Mean VAS pain</i> score declined from a median in. Group I from 8 to 2.5`. (P < 0.001) Group II from 8 to 7. Venous Clinical Severity Score dropped from a median in. Group I from 18.5 to 11. (P < 0.001)

Group II from 15 to 14
36-Item Short Form Health Survey (0-100) improved from a
total median score in
Group I from 53.9 to 85.0
(P < 0.001)
Group II from 48.3 to 59.8.
Conclusion
Endovascular treatment of IVO with stenting is safe and
promotes effective relief of symptoms and improvement in
quality of life compared with medical treatment alone in
symptomatic patients.

Abbreviation:

IVUS=intravascular ultrasound examination;VAS=visual analogic score