Table-XXXXXXX. 1 article,1RCT

Resistance exercise therapy for venous leg ulcers	Jonker L, Todhunter J Schuttee J, Halliday C, Fisher S A multi-centre, prospective, randomised controlled feasibility study of plantar resistance exercise therapy for venous leg ulcers – Results of the PREVUE study. Phlebology 2020;35;237-46	Monocenter study. Thirty- two patients presenting a venous ulcer (VU) CEAP C6. No data on E, A and P Wound size measured by Push score. Group I: (n=17) standard care (control group). Group II: (n=15) STPELT intervention 2 times per day Outcome at 12 weeks No study withdrawals were recorded in either arm. Complete ulcer healing Group I= 7/17,41% P=0.18 Group II=10/15, 67% STPELT users whose wound had completely healed by week 12 were more likely to be compliant with the exercise program (self-reported). All would recommend the device to others.
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Abbreviations:

PUSH score= Pressure ulcer scale for healing; STPELT =Exercise with a pedal device